



HIP-HOP & MINDFULNESS

LIVESTREAM



WEEK 2 Supply List

Music Production

- Coffee Mug
- Plastic Cup
- Plate
- Pencil or Pen
- Spiral notebook
- Tin can or box

Mindful Movement

- Imagination
- An open space
- Comfortable Clothing

Art

- Pencil
- Markers
- Construction Paper
- Student Journal

Dance

- Student Journal
- Pencil
- An open space
- Comfortable Clothing